

BST WORKING AT HEIGHTS

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OBJECTIVES

The aim of this module is to enable the participants, through theoretical and practical training, to use basic personal protective equipment, work safety at height and perform comprehensive basic rescue from height in a remote wind turbine environment.

After having successfully completed this BST Working at Heights Module, the participants have the ability to act safely and responsibly when using basic personal protective equipment, working at heights and performing comprehensive basic rescue from heights in a remote wind turbine environment.

TARGET AUDIENCE

Personnel who will be working in the wind industry or related fields and will have their duties in a wind turbine environment, usually in physical contact with a wind turbine or WTG structure.

Personnel that perform job functions that have been risk assessed by their employer or their workplace duty holder as a function, where training according to one or more modules of the BST standard may mitigate of the identified risks

ADMISSION REQUIREMENTS

- Minimum age of 18 years;
- Valid certificate of medical fitness;
- Have a WINDA ID
- Furthermore, personnel in the wind service industry must be able to read and write to a sufficient standard to be able to carry out instructions and complete the required documentation.
- It is an advantage if participants are able to read, speak and write English.

COURSE

- 2 Days
- Theoretical and Practical Assessments
- Language: English

CONTENT

- Introduction to the training;
- Legislation.
- Harness;
- Fall Prevention;
- Vertical fall arrest systems;
- Fall arrest Lanyards;
- Dropped Objects;
- Self-retracting lifelines;
- Measures to prevent injury during training;
- Workshop- risks/hazards & suspension trauma;
- Emergency Procedures;
- PPE review;

REACH HIGHER



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• Rescue devices and rigging set-up.

Practical Exercises:

- Vertical Fall arrest systems;
- Fall prevention;
- Fall arrest lanyards;
- Rescue exercises.

VALIDITY CERTIFICATE

Valid for a period of 2 years.

Thereafter the delegate is required to maintain the validity of the certificate by completing a refresher course of each module.

PRACTICAL INFO

Maximum number of participants: Theory: 12 Practical: 6

We supply the following PPE:

- Harnesses
- Helmets
- Connectors (carabiners)
- Lanyards
- Ropes
- Accessories